

SUMMIT  CHASE
COUNTRY CLUB

2017

Junior Tennis Program





Summit Chase Country Club offers an exciting Junior Tennis Program for children ages four and up. Our year-round tennis camps and private instruction provide the opportunity for your young athlete to obtain the skill and knowledge required to achieve their goals in the sport of tennis, whether it be purely recreational or preparing them for individual or team competition and college scholarships in the future. With over forty years experience, our staff of certified tennis professionals have helped pave the way for hundreds of young tennis players to compete at the high school and college level. Allow us to introduce your child to a sport they will enjoy for a lifetime!

John Heitkam
Director of Tennis
john@summitchasecc.com
770-979-9000 (ext. 115)



Tips to get you started...

Before you begin, it's important to understand why kids enjoy playing sports. Here's a hint: it's not about winning. According to a survey of 28,000 boys and girls, conducted by USTA's parents guide to 10 and Under Tennis, the number one reason they played sports was because it is FUN followed by "to do something I'm good at". Winning didn't even make the top ten!

Let them play!

Tennis has distinct rules and our instructors have spent years developing the techniques and skills required to keep a child interested in the little yellow ball. Sometimes it's ok to forget about all the dos and don'ts when you're first introducing a child to tennis. Our tennis professionals will introduce the young player to the very basics such as how to hold the racquet and encourage free play using mini-courts and foam or low compression balls that slow the game down, making it easier for children. Tennis allows children to play spontaneously and to find their creativity through experimenting strategies on the court. It also encourages them to take risks and teaches problem solving skills they will use for a lifetime.

Keep it short!

Our tennis professionals will get your child into action. They start with short, fun games that help improve their coordination, balance and flexibility.

Make it fun!

Allow our staff to find ways to teach your child while making it fun for them. Through drills and activities designed for young players our coaches will teach the basics and navigate the experienced player throughout their tennis journey.

Tennis Professional Staff

John Heitkam

USPTR Certified
Director of Tennis

John began his tennis career in 1971 as a part time employee at East Lake Country Club (as a 16 year old he already had the fever for tennis). In 1974 John began his teaching career as an assistant pro at East Lake. After two years he was named Head Professional where he served until 1980.

1980-1981 - John was the first Head Tennis Professional at North Fulton Tennis Center.

1981-1989 - John was the Director of Tennis at Fairington Country Club where he also served as the Tournament Director for the men's professional satellite circuit for Atlanta from 1984 through 1987.

John came to Summit Chase in 1990 as the Director of Tennis. John has coached three national champions, had several players play on the professional circuit and has coached over one hundred juniors to advance to college on tennis scholarships. John oversees all the various Tennis Programs at Summit Chase including ALTA and USTA team tennis competition, weekly drills and coaching. He was instrumental in bringing the Special Pops Tennis program to Summit Chase; a program designed to consistently provide a meaningful year-round tennis experience to children and adults with intellectual disabilities.

John is available for private instruction for tennis players of all ages.



Steve Hill

PTR Certified

35+ years tennis coaching/training experience at numerous locations around the world.

Professional Tennis Registry Professional: holds Professional Level Certification in Training/Teaching; Skills (all strokes); Error detection/correction; Drill based training; Tennis history, rules, regulations, etc. (received a perfect score in each area). Steve is working on his Masters Degree in Tennis through PTR/ITF.

Etcheberry Certification: personally trained and certified by the legendary Pat Etcheberry, conditioning trainer for the leading world-level tennis, PGA NBA, NFL, AL & NL (baseball) athletes for the past 15 years. Certification in: conditioning, strength training, footwork, speed training, balance, agility, flexibility, nutrition, sports physiology, etc. Trained and certified specifically in the sport of tennis.

Georgia High School Association Certified Coach: Steve has trained and coached several years at the high school level (Providence Christian Academy) and is currently a training coach for four high schools (AA-AAAA).

Specializes in the training of junior tennis athletes from beginner to elite levels. Steve has trained and placed numerous junior athletes in NCAA Division 1 and 2 colleges and universities, and NCCAA (private) schools. He has coached/trained Elite Juniors in the top 200 nationally and top 200 in the southern section. He is well known for his dedication to training the four critical disciplines of tennis: Technical, Tactical/Strategic, Mental/Emotional, and Physical, all necessary for the success of any serious junior considering playing at the college level. His junior athletes and their parents appreciate his caring attitude and personal investment in the tennis and life success of every athlete he trains.

Steve directs the summer and Saturday camp programs. He is also an Academy Instructor at Summit Chase and is available for private instruction at any level.

NTRP level: 5.5 – 6.0

Red Cross Certified CPR/AED

Insured

Registration Process

How do I register my child for Junior Tennis?

These are very popular programs that fill up fast so do not wait to plan your child's activities. Contact us today to reserve a space for your child. You may contact us by:

- Phone: 770-979-9000
- Email: tennis@summitchasecc.com
- Visit our Pro Shop: 3197 Classic Drive, Snellville, GA 30078

Parents must appear in person to Adrienne Levesque, Controller, to complete the registration process and arrange monthly billing for the Junior Tennis Academy.

Emergency Contact Information:

Parents are required to complete an Emergency Contact/Medical History form and a Liability Waiver prior to your child beginning any of our programs.

Clinic Pricing:

Payment is due prior to your child beginning their tennis program. Cost of our various clinics and lessons are listed in this booklet.

Clinic Rain Dates:

In anticipation of inclement weather, we have set aside make-up dates for the clinics. Please be sure to mark these dates on your calendar as we rarely go through an entire session without at least one cancellation due to weather.



Junior Tennis Camps

Basic camp is offered for pee-wee and beginner tennis players for six consecutive weeks on Saturday only, beginning February 4, 2017. No refunds for cancellations. Please note that dates are weather dependent and subject to change.

Pee-Wee (age 4-7)

9:00-10:00 am

Cost: \$79 SCCC member; \$89 non-member

Beginner (age 8-12)

10:00-11:30 am

Cost \$109 SCCC member; \$119 non-member

Session 1 - Saturday

February 4, 11, 18, 25 and March 4, 11

Weather Make-up Day - March 18

Session 2 - Saturday

April 8, 15, 22, 29 and May 6, 13

Weather Make-up Day - May 20

Session 3 - Saturday

June 3, 10, 17, 24 and July 1, 15

Weather Make-up Day - July 22

Session 4 - Saturday

August 12, 19, 26 and September 2, 9, and 16

Weather Make-up Day - September 23

Session 5 - Saturday

September 30, October 7, 14, 21, 28 and November 4

Weather Make-up Day - November 11

Session 6 - Saturday

“Mini-Session “

Pee-Wee (age 4-7) 9:00-10:00 am

Cost: \$40 SCCC member; \$45 non-member

Beginner (age 8-12) 10:00-11:30 am

Cost: \$55 SCCC member; \$60 non-member

November 18, December 2 & 9

Weather Make-up Day - December 16

Spring Break Tennis Camp

If you are not headed to the beach this Spring Break, sign your kids up for our four day Spring Break Junior Tennis Camp. Your child will receive four consecutive days of group instruction on the tennis courts aimed at their age and skill level.

Tuesday-Friday
April 4-7

Pee-Wee (age 4-7)
9:00-10:00 am
Cost: \$59 SCCC member;
\$69 non-member

Beginner (age 8-12)
10:00-11:30 am
Cost \$79 SCCC member;
\$89 non-member



Summer Tennis Camps

When school is out for the summer, we can help keep your children busy with our Summer Tennis Camps which are offered four consecutive days, Tuesday through Friday beginning May 30, 2017.

Sign up in the pro shop or call 770-979-9000.

Pee-Wee (age 4-7)

9:00-10:00 am

Cost: \$59 SCCC member; \$69 non-member

Beginner (age 8-12)

10:00-11:30 am

Cost: \$79 SCCC Member; \$89 Non-member

SUMMER CAMPS

Tuesday - Friday

May 30-June 2

June 6 -9

June 13-16 (Beginner only)

June 20-23

June 27-30

July 11-14 (Beginner only)

July 18-21

July 25-28

August 1-4



Summer Sports Camp

Your children will enjoy four days of Summer Sports Camp learning the basics of golf, tennis and swimming. Our staff of certified professionals will provide group and individual instruction in golf and tennis followed by an afternoon of supervised fun at the pool by our lifeguard staff. The emphasis on the sports camp is FUN and FRIENDSHIP while learning the fundamentals and etiquette of the game. Camps are offered to children age 8 and up during the months of June and July and run four consecutive days; Tuesday through Friday; 8:00 am-4:00 pm.

Camp will begin each day by meeting on the patio behind the clubhouse at 8:00 am for check-in. Campers should wear comfortable clothing and shoes appropriate for active sports (i.e. shorts, t-shirt, and running shoes). Campers are required to bring their own golf equipment, tennis racket, swim suit, towel, goggles, and sunscreen. A hat or visor and sunglasses are recommended.

Golf bag storage will be provided in our bag room for the campers throughout the week. If you need to purchase equipment, please contact our Pro Shop staff for information and assistance.

Campers will be assigned groups according to age and skill level in an effort to make the week more enjoyable for each camper. Participation space is limited to ensure a smaller Junior-to-Instructor ratio. Completed registration forms including medical history, medical insurance and a liability waiver are required, along with payment in full prior to the start of each camp. Registration forms are available in the pro shop, front lobby of the clubhouse, and may be downloaded from our website: www.summitchasecc.com

Cost: \$200 per SCCC member and \$250 per non-member.

2017 Summer Sports Camp

Tuesday - Friday

8:00 am - 4:00 pm

Session 1: June 13-16

Session 2: July 11-14



Advanced Beginner Class

The advanced beginner level is a year-round Saturday only class offered in six-week sessions. Designed for the student that has mastered the basic beginner concept and skill of the sport. Player evaluation is required by a member of certified tennis professionals for participation in this class.

Saturday 11:30 am-12:30 pm
Cost: \$79 SCCC member; \$89 non-member

Private Tennis Lessons

Beginner to advanced private lessons are available for juniors age five (5) and up. Lessons are available with any of our professional instructors. Please call the Pro Shop to request to speak to a member our coaching staff for times, dates and availability.

Lesson Fees: \$54 per hour or \$27 per half-hour session



Junior Tennis Academy

The Summit Chase Junior Tennis Academy is designed for the junior tennis player dedicated and committed to the game. The Academy is offered year-round, four (4) days per week. Classes are offered in two levels. The High Performance class is typically made up of students who are ranked and are playing at the high school level of competition with the goal of continuance at the college level. The Intermediate class is typically for the experienced graduate of our other tennis camps, striving to prepare for team competition. Player evaluation by one of our tennis professionals is required to participate and to determine player skill level and proper class placement.

To schedule an evaluation appointment, please call our Pro Shop 770-979-9000 or email John Heitkam john@summitchasecc.com.

TENNIS ACADEMY SCHEDULE

Monday, Tuesday, Thursday and Friday
During School Months

High Performance 4:00-6:00 pm

Intermediate 5:30-7:30 pm

Summer Session

Monday through Thursday

High Performance 11:30 am-1:30 pm

Intermediate 1:00-3:00 pm

Academy participants may choose the following levels
of participation

in any combination of days:

2 days per week - \$200 per month

3 days per week - \$270 per month

4 days per week - \$350 per month

Middle School Clinic

Calling all middle school age students!

Want a test run to see if you might like to take up
the sport of Tennis?

We have the perfect opportunity for you to give
tennis a try...absolutely FREE!

Sign up for Middle School Tennis Clinic scheduled
for Saturday, March 25, 2017.

Enjoy a complimentary one hour instructional
session to introduce you to the beginner levels of
basic fundamentals, foot work, grip and stroke
technique. Invite a friend to join you for this FREE
hour of tennis fun.

Saturday, March 25

10:00-11:00 am

Advance registration is required to participate.
Contact the Pro Shop 770-979-9000 or email John
Heitkam john@summitchasecc.com to register for
this complimentary event.



Why Play Tennis?

There are so many benefits to playing tennis. Get your child out on the court and watch them enjoy learning to play, staying active, making friends and feeling challenged, both physically and mentally. The way your child learns and plays tennis today is different; equipment, courts and teaching techniques have changed to adapt to age, skill and ability, which helps them learn better, faster and with greater success than ever before. Not to mention, it makes tennis more fun!

The physical benefits of tennis go beyond great exercise. Tennis also develops hand-eye coordination, balance and body coordination, speed, strength, flexibility and agility. Tennis also strengthens a child's overall health by improving bone strength and density, and a healthy immune system. It is also a non-contact sport, which makes it one of the safest sports to play...no helmet required!

Tennis isn't just great exercise. It helps a child develop skills for life, both on and off the court. Players learn responsibility and good sportsmanship from a young age. Tennis nurtures a good work ethic, discipline and enhances mental strength and problem solving skills. It improves social skills, the importance of working as a team when playing doubles and provides an opportunity to build long-lasting and valuable friendships.

Call us today to get your child started in this great sport
770-979-9000.



SUMMIT CHASE COUNTRY CLUB

P.O. BOX 606

3197 Classic Drive

Snellville, GA 30078

770-979-9000

www.summitchasecc.com

Contact us: info@summitchasecc.com

Serving our community since 1973!