

re: AQUATICS



FOR MORE

INFORMATION

VISIT US ONLINE AT

summitchasecc.com
summitswimming.com
summitswimminglessons.com

CONTACT:

Humphrey Fraser
Aquatics Director
summitswimming@hotmail.com
770.480.0913

Mary Tillery
Director of Swim Lessons
summitswimminglessons@hotmail.com
770.972.3890

SUMMIT SWIMMING – USA SWIM TEAM

With traditional values of hard work, dedication, determination and an emphasis on having fun, Summit Swimming was born. Summit Swimming is celebrating its 25th season and we are committed to providing and maintaining a high-quality program of instruction and training. The staff has coached swimmers from the age group level to the national caliber swimmer. We are committed to seeing your child develop into just such a high caliber swimmer. This eleven-month program offers six levels of participation with a 25% discount for club members. Summit Swimming provides just the right combination of fun, friendship, instruction and competition for your children. For more information or to schedule an evaluation, contact Humphrey Fraser.

**Registration for Summit Swimming is \$130.00 for each swimmer.
Monthly dues vary depending on swimmer's assigned level.**

ENDURANCE WORKOUT

Summit Swimming Endurance is a workout group, not lessons. It is to prepare kids for summer league or team swimming. Participants must have basic swim experience and be able to swim four laps of the pool without stopping. This course is not for beginners. Sessions will continue until summer league begins. Cost: \$12 per session; sign-up available for packages of 5, 10 or 15 sessions. Five is \$60, ten is \$120 and fifteen is \$180.

Tuesday & Wednesday

6:30 - 7:30 pm
April 10, 16, 17, 23, 24, 30, May 7 and 8

Saturday

11:30 am - 12:30 pm
April 13, 27 and May 4

For additional information, contact Mary Tillery, Director of Swim Lessons
summitswimminglessons@hotmail.com or call 770.972.3890.

SPRING SWIM LEAGUE

Summit Swimming is proud to present our Spring Swim League (SSL) open to all NON-USA swimmers ages 12 & under. Spring league is geared to those swimmers who can swim freestyle and backstroke unassisted for 50 meters. SSL will offer 3 practices and 4 swim meets with an emphasis on having fun with good sportsmanship. All practices and meets will be held at the Summit Chase, and will consist of 4 events: 25m freestyle, 25m backstroke, 50m freestyle and 50m backstroke plus 2 relays. The cost of the program is \$115 per swimmer and will meet on the following dates:

Practice:

Thursday, April 18 7:30-8:30 pm
Friday, April 19 7:00-8:00 pm
Thursday, April 25 7:30-8:30 pm

Meets:

Saturday, April 20 11:45 am-12:45 pm
Friday, April 26 6:00-8:00 pm -
team pictures
Friday, May 3 6:00-7:00 pm
Friday, May 10 6:00-7:00 pm -
awards





SUMMIT CHASE SHARKS

The Summit Chase Sharks have participated as a Gwinnett County Swim League team since 1981 and we are looking forward to the 2019 season. Practice begins in May and meets are held in May and June. The competitive season ends with the County Championship meet in early July.

Summer league swim team is a great place for your new swimmer to learn about competitive swimming or your year-rounder to have some fun as a big shark in the pool. Your swimmer must be able to swim independently, without being held, in the deep end of the pool. This new requirement is for safety. If you are not sure if your swimmer is ready, sign up for a session of swim lessons with Mary at summitswimminglessons.com. Swimmers who have successfully graduated from the Ridge and are entered in Mid Way (or above) can join the summer league swim team without a trial period. Those who have not taken swim lessons may join on a trial basis but may be referred into lessons if safety is a concern.

We will have open registration in the clubhouse on 4/11 and 4/25 from 5:30 until 7:30 pm. Watch for more details on our Facebook page, Summit Chase Sharks. If you would like to be added to the team email database, please email adrienne@summitchasecc.com or amymhebert1@gmail.com.

APRIL SWIM LESSONS

Online registration only: www.summitswimminglessons.com

Cost: \$85; weekdays are eight 30-minute lessons and Saturdays are five 45-minute lessons.

Monday & Wednesday

- 4:00-4:30 pm - All levels are offered
- 4:30-5:00 pm - All levels are offered
- 6:00-6:30 pm - Base only
- 6:30-7:00 pm - Ridge Only
- April 8, 10, 15, 17, 22, 24, 29 and May 1

Tuesday & Thursday

- 4:00-4:30 pm - All levels are offered
- 4:30-5:00 pm - All levels are offered
- 6:00-6:30 pm - Ridge only
- 6:30-7:00 pm - Base only
- April 9, 11, 16, 18, 23, 25, 20 and May 2

Saturday

- All swim skill levels are offered.
- 10:00-10:45 am and 10:45-11:30 am
- April 13, 20, 27, May 4 and 11

*Discounts are available for additional swimmers or prepayment of more than one session. For questions, please contact Mary Tillery.

MAY MINI SWIM CLASS

Get ready for summer and sign up now for this mini refresher course.

All classes are four 30-minute lessons for \$45.

Monday & Wednesday

- 4:00-4:30 pm - All levels are offered
- 4:30-5:00 pm - All levels are offered
- 6:00-6:30 pm - Base & Ridge
- May 6, 8, 13 and 15

Tuesday & Thursday

- 4:00-4:30 pm - All levels are offered
- 4:30-5:00 pm - All levels are offered
- 6:00-6:30 pm - Base & Ridge
- May 7, 9, 14 and 16